

Peanut Blog

An ounce of information



Understanding the surge in peanut allergies

Peanut Allergies Were Rare Before the 1980s

For much of the 20th century, peanut butter sandwiches were a routine part of American school lunches, eaten daily by millions of children without widespread concern. Severe allergic reactions were rare enough that most families and schools gave little thought to the risks. This stands in sharp contrast to today's nut-free policies in many schools, reflecting the rise in peanut allergy awareness and diagnoses.

Source: <https://www.msn.com/en-us/health/other/understanding-the-surge-in-peanut-allergies/ss-AA27KKGW#image=1>